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http://www.swscc.org/

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Volume 14 Issue 1

2016 SWSCC

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DateJanuary 20th, 2016TimesRegistration @ 6 pm

Place— Community Beer Company 1530 Inspiration Dr. Ste. 200 Dallas, TX 75207 Speaker—Craig Woodward

Details on page 2

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Visit our <u>WEBSITE</u> http://www.swscc.org/ <u>AND</u> now our new Facebook page www.facebook.com/ <u>southwestscc</u> <u>PayPal available for</u> event payments.

Southwest Chapter

January 2016 SWSCC Monthly Meeting

WHEN: Wednesday January 20th, 2016 @ 6:00pm (This is an evening meeting) WHERE: Community Beer Company 1530 Inspiration Dr. Ste. 200 Dallas, TX 75207

SC

Cosmetic Chemistry and Alcohol "Keeping People Beautiful for Years...Or at Least for the Night"



By Craig Woodward Principal Scientist Concept Laboratories, Inc.

Formulating skin care products is very much like cooking. You have ingredients and follow a recipe. The skill involved is understanding how these ingredients react with each other and how to manipulate them to achieve the desired result. The same thing can be said for craft brewing. The discussion will include interesting stories and funny disasters that happened to a cosmetic chemist that thought brewing beer at home would be easy.

Brewery Tour guided by:

Joe Yglesias Community Beer Company Brewer

Southwest Chapter

Schedule for the Evening

- 6:00 Party starts
- 7:00-8:45 Food stations will be open
- 7:45 Door Prize Drawing
- 8:00-11:00 Casino and Games will be available
- **10:30 Door Prize Drawing**
- 10:45 Snack Bar
- 11:30 Final Door Prize Drawing and Casino Raffle Prizes
- 12:00 Party ends

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Sparkle! SWSCC Holiday Dinner Dance

December 4th, 2015

The Fairmont Dallas 1717 N. Akard Street Dallas, Texas 75201



Southwest Chapter

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SWSCC is not responsible for errors and Newsletter will have late additions / corrections included. AN



Welcome our newest Members to the SWSCC!



Rachel Beard Julie Boutaghou Mark Broussard Keiona Foucha **Derrick Frazer** Alexandra Guerin James Harman Brenda L. Hernandez Kendall Johnson Mike Kamdar **Gireesh Kumar** Matthew Kusmierz Amy Langston Tammy Lisi Nhubao Nguyen Kamini Rao Kangzi Ren Brenda Shinyashiki Lauren Sneed Kelly Stark **Christopher Sudheimer** Maureen Valter Colin Viteaux Qinghua (Kathy) Wang **Daniel White**



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Southwest Chapter

SWSCC MEMBER SPOTLIGHT

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SWSCC Member Spotlight Mary Miller



I'd like to introduce Mary Miller as our next Member Spotlight interviewee. Mary is a Buyer for Mary Kay Inc. She has been in this position for 8 years. Mary has been a member of the SWSCC for 6 years. She was the Treasurer-Elect for 2015 and is now the Treasurer for 2016.

We'll find out more about Mary's career, how she got into this field, and also find out what she does when she's not working, or busy with the SWSCC

So let's find out who Mary is.

Starting off with the basics:

Where were you born and raised? Born in Dallas TX, but raised in Temple, TX (Down between Waco and Austin). Most of my family is from Dallas but we moved to Temple when I was five because my dad went to work as a policeman. A year after I graduated from high school I moved back to Dallas.

Where did you go to college? I went to college later in life. I graduated from University of Phoenix in 2005 (Bachelor of Science in Business – Accounting).

What was your first job at the teenage level, and after college? My first job as a teenager was working at a local barbecue place in Temple. I was the person who cut the meat and I was also night manager. I worked there for three years. I was already working at Mary Kay when I began college.

Continued on the next page

Southwest Chapter

SWSCC MEMBER SPOTLIGHT



SWSCC Member Spotlight (continued)

How did you get into the cosmetic industry? I worked at Texas Instruments for 8 years and was part of their massive layoff in Feb/1991. The first job I interviewed was with Mary Kay in their International Inventory department and I started in March/1991. I had always been a fan of the Mary Kay products and was very excited to be working for them. I was worried when I was laid off from TI but in the end it turned out to be the best thing that happened. I have been at MK almost 25 years now!

So what exactly is it that you do? I am responsible for negotiating, handling quality/delivery issues, implementing business with suppliers for our raw materials. I also work with R&D when implementing new items or working with Quality to help with questions they may have with existing/new products. Basically our department is the main contact for raw material suppliers when working with our internal partners at Mary Kay.

What is one of the most interesting parts of your job? I love learning about the different ingredients we use. Before I took this position I didn't know much about chemicals. Since I have taken on this role I have learned so much about the industry and I am still learning!

What's one of the things that you like most about your job: The people that I work with both in the supplier industry and the internal partners at Mary Kay are so awesome to work with! Everyone is so helpful when I ask questions about the ingredients that I don't know.



Tell us about your membership with the SWSCC

So was the Treasurer-Elect position the first office position you have held for the Chapter, and how has this experience been for you? Yes this is the first office position I have held with the SWSCC. I volunteered on committees prior to being Treasurer-Elect. I worked closely with Alison Nally who trained me to be treasurer in 2016.

Southwest Chapter

SWSCC MEMBER SPOTLIGHT



SWSCC Member Spotlight (continued)

So tell us more about what it means to be Treasurer-Elect or Treasurer, like is this what you thought it would be, and is it for everyone? I love to volunteer my time to help non-profit organizations .The SCC is helpful to people who want to make this industry part of their life. My degree is in accounting so that has helped me with this role but the way it is set-up in Quick-Books it is really easy for anyone to take over (so next year any General members run for Treasurer-Elect!). All of these positions are volunteer, but they don't take up a lot of your time. We have a great board and everyone helps!

Tell us about the one SCC event that stands out in your mind, and why is that? The one SCC event that stands out is the year that Robert, Rachelle and I planned the holiday party (750 people were expected) and DFW had the big freeze/snow storm the Thursday before the party. The attendance ended up being around 350 people and most of us were stranded at the hotel. But all of the entertainment showed up and we had a great party (lots of food left over!)

Name one SWSCC event that you hope never goes away, and why is that? Actually I enjoy all of the events. I guess my favorite one is the holiday event. But I enjoy the chapter meetings and listening to the speakers. Sometimes the speakers are too much over my head when they start talking about formulas. When I listen I am just amazed how the formulators make the wonderful personal care products that are out there!

Let's move away from SCC questions, and find out more about you.

I've heard that you're a NASCAR fan, is that true, and if so, how much of a fan are you? I used to be a huge NASCAR fan and would go to the TMS every year (both spring and winter race). I still keep up with it but I have found that I want to spend my money traveling. My favorite driver is Carl Edwards. He is usually in the top ten drivers at the end of the year.

Continued on the next page



Southwest Chapter

SWSCC MEMBER SPOTLIGHT



SWSCC Member Spotlight (continued)

I've heard that at TMS you can actually go and race your own car on their track, have you ever done that, and if so, tell us about that experience? Yes you can race a car but not your own. You race in an actual race car that is there at TMS. I have never done that but I still hope to one day. I have done two things at TMS where I was able to drive around the track. One year TMS had an event for their fans and you could do a ride in a pace car and they went up to 75 miles around the track three times. It really is neat because the turns on the track are so high that you feel like you are going to slide right out of the car! The other event was I got to drive a Chevy Convertible Camaro around the track introducing a driver (Marcos Ambrose) right before the race. That was exciting to be able to drive him around the track.

For those of us that have never been, what is it like to attend a NASCAR race in person, and what should we know, before we go? First thing make sure you have ear plugs. I prefer renting the head phones at the races because you can listen to the race commentator through your ear muffs. You can turn to your favorite drivers channel and hear him talking with his pit crew. When you buy your seats, don't buy the first few rows of the stadium because you can't see the whole track. Buy the middle of the lower section, by the start/finish line. That's where all the action is! Also, you can bring your own beverage of choice (no glass) and food into the stadium. This will save you a lot of money. We always camped there all weekend and that is part of the fun of the races. The racing fans are competitive with their drivers but they are one big family! I got lost one time and couldn't find where I had parked my car. The fans helped me and two hours later we found my car. ;)

Let's start winding this thing down

Of the last three books you have read, which was your favorite, and what was it about? Well this year I took a CPSM class and had to read three big books. It was interesting and I learned a lot but I can't say it was my favorite (:)). I generally like to read Dean Koontz or John Saul books. I also like Danielle Steele (Romance).

A talent or hobby I have that most people aren't aware of is: Music has always been my hobby. Growing up I was in Central Texas Girls Choir and we would travel all over Texas to perform. I'm always the one singing in the car. But my favorite thing to do is to hop in the car with my best friend Teri (we have been best friends since high school) and go on day trips to different places in Texas. You would be amazed at some of the beautiful scenery we have in Texas when you stay off the highways and go on the back roads (we have even been on several gravel/dirt roads). We have seen beautiful churches built in the 1800's, beautiful old homes/buildings (sad that some of them are not taken care of anymore) and several good wineries! The best time to go is in the spring and fall. The summer was good this year because we had rain during the spring so everything stayed green longer. Continued on the next page

Southwest Chapter

SWSCC MEMBER SPOTLIGHT



SWSCC Member Spotlight (continued)

One of the most adventurous (could be riskiest or scariest) things I have ever done, was: Is being a parent (especially a single parent). Being a parent is the scariest awarding thing in life. The day I became a mother I thought OMG can I do this! Especially when I look down into my baby's eyes and knew starting that day he would be depending on me to lead him in life. But what he did is teach me things too. My son (who is now 28) is the best adventure I ever had in my life! I couldn't be more proud of him.

Favorite professional or college sports team? Of course Dallas Cowboys! I even went to Super Bowl XXVII (1993) where we beat the Buffalo Bills 52-17. That was an exciting adventure. J

Favorite food? Sushi (Especially Blue Fish in Addison)



Favorite television series - or at least the one I watch the most is - Several: Nashville/Criminal Minds/The Voice.

Of the last three movies you've seen, which did you enjoy the most? Brooklyn – Just saw it in December. It is set in the 1950's and it is about a young girl who comes over from Ireland to Brooklyn to find more in life. Then she has to go back to Ireland and make life choices. It was a very nice movie.

Favorite musical artist (or just type of music)? Well I am a huge Elvis fan, but I also love Adele, Vince Gill and the Carpenters. But I enjoy most types of music. I'm always singing...

Of the last three concerts you've attended, which was the most enjoyable, and why? Vince Gill. I have seen him several times. The most memorable one was in October/2012. I was front row center. He has a beautiful voice and knows how to play the guitar. He is a great entertainer (and he is good looking too!!).

Southwest Chapter

SWSCC MEMBER SPOTLIGHT



SC

SWSCC Member Spotlight (continued)



Favorite, or most memorable, road trip (if memorable, what made it memorable)? Well I would have to say when I turned 50 a group of us celebrated my birthday in Memphis. We stayed at the Heartbreak Hotel across from Graceland (Elvis's house) and toured it on the day of my birthday. That was my first time to tour it and I had a blast. That night we went to Beale Street and had some good Memphis BBQ and then went to a piano bar and had so much fun singing along.

Favorite vacation destination? I am hoping one day to be able to go to Germany to see some of their castles.

And that wraps it up. I'd like to thank Mary for participating in our Member Spotlight section, and I hope everyone enjoyed reading and learning more about Mary. We are always looking for SWSCC members to feature in our Member Spotlight section, so if you are interested, or just want to find out more about it, please contact me or any of the SWSCC board members and let us know.

Daniel Ramirez

Southwest Chapte

By Perry Romanowski

Used by permission from: http:// chemistscorner.com

Do Active Ingredients in Cosmetics Work?

by Perry Romanowski

Last week I gave a presentation of my Beginning Cosmetic Chemistry course to a full house at the National SCC meeting in New York. I was pleased that there were nearly 50 students! Doing that course is always fun. Incidentally, if you couldn't make the live course you can get the information and more in our online formulating course.



During the course I was talking about "claims ingredients" and the fact that many of the things that are touted as active ingredients are really just added for the marketing claims. I further stated that if you are adding a compound in your formula that is having a drug effect that would make the product an illegal drug. This met with some disagreement and another participant and I had a nice exchange about it. In reality, we didn't disagree on the facts, but we did disagree on the way these facts should be considered.

Here is my opinion about cosmetics, active ingredients and their effectiveness.

1. If an ingredient is added to a cosmetic and it is going to somehow interact with your skin cells and change the body metabolism, then the ingredient (and product) is a drug.

2. If your product is not a drug then it will not have any significant impact on the skin cell metabolism...ergo it won't work like a drug.

So the short answer is No, active ingredients in anti-aging cosmetics do not work. If they do, they are drugs.



Continued on next page

Chemists Corner

Southwest Chapter

By Perry Romanowski

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Do Active Ingredients in Cosmetics Work? (cont)

by Perry Romanowski

For these reasons when you see anti-aging products that claim to "boost collagen" or stimulate elastin production, they either don't work or they are illegal drugs.

This statement is what met with disagreement. There are people in the cosmetic industry who hold the opinion that you can use ingredients that are known to have an effect on skin, as long as you don't claim that they do what you know they do. They believe that you can add ingredients known to boost collagen as long as you don't claim that your product does that. It's an understandable position but not one that sits right with me.

I should add that they make the point that it is demonstrably false that things like moisturizers don't have an impact on skin metabolism. They do. Even touching your skin can be shown to stimulate the production of certain compounds in skin. This is all true so it makes the situation complicated.

FDA weighs in

It is interesting to guess about the FDA feelings on this topic. This recent letter they sent to Dr Brandt Skincare is illuminating.

Essentially, Dr Brandt was making claims on their website that make their products illegal drugs. Here is a listing of some of the claims they made which make a cosmetic product an illegal drug.

- 1. "Boosts collagen production"
- 2. "[A]dvanced collagen boosters and botox alternatives that actually work"
- 3. "[H]elps breakdown fat deposits..."
- 4. "[R]epairs damaged skin"
- 5. "[A]ntibacterial action"
- 6. "helps fade dark circles by stimulating microcirculation"



Continued on next page

By Perry Romanowski

Chemists Corner

SCC

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Do Active Ingredients in Cosmetics Work? (cont)

by Perry Romanowski

So it seems that the FDA is serious about cracking down on companies who are adding ingredients in their cosmetics and then claiming that the products will have some kind of interaction with skin metabolism.

The bottom line is that you need to focus on telling people the results of your product. Avoid telling them how it works. In truth, consumers care more about the benefits of your product than the features anyway.



NATURALLY KIAWAH SYMPOSIUM

SCC

Kiawah Island, SC April 20 - 22, 2016

SPECIAL EVENTS April 20 - CEP Course April 20 Evening - Cocktail Reception & Supplier Showcase at Turtle Point Country Club April 21 - Full Day Technical Seminar April 22 - Annual Golf Outing at Osprey Point Spa Treatment at the Sanctuary

> FOR ADDITIONAL INFORMATION Michelle Linscott - Michelle@xytrus.com Catherine Walker - Catherinewalker@xytrus.com



Southwest Chapter

CAROLINA SOCIETY OF COSMETIC CHEMISTS Call for Papers 2016 Naturally Kiawah Symposium

April 21, 2016 Kiawah Island Golf Resort Kiawah Island, South Carolina

Authors are invited to submit titles and abstracts of no more than 150 words for original papers to be presented in podium format. All topics related to Natural and Green Science will be considered for presentation. Topics of particular interest for submission of the abstracts are:

- How Are Advances in Science Effecting the Development of New Natural /Green Raw Materials and Products
- Eco Friendly Manufacturing (carbon footprints, alternate forms of energy, waste management techniques)
- Effect of Natural/Green Products on Skin Biology
- Fair Trade Opportunities in Personal Care
- Preservation and Stabilization of Natural Products
- Marketing and Consumer Trends
- Regulatory Updates
- Sustainable Sourcing and Manufacturing
- Novel Delivery Systems for Natural Products
- Green/Natural Packaging

DEADLINE: November 1, 2015

Abstracts should be submitted on a separate sheet along with this flyer or Abstract Cover Sheet and send via e-mail to catherinewalker@xytrus.com or mail to: Catherine Walker, Xytrus, 9200 Stockport Place, Charlotte NC 28273. All Abstracts will be reviewed and selected by the CCSCC Education Committee no later than December 15th. After acceptance of abstracts by the Committee, all presenters will be required to submit an electronic copy of their full presentation 4 weeks prior to event date. Final presentations will be due no later than March 21th 2016. No changes in presentations will be acceptable one week prior or on the day of the presentations.

Cover Sheet Information: Presenter's Name: Title: (Prof., Dr., Mr., Mrs., Ms.) Author(s): Company Name: Telephone #: Fax #: E-Mail Address: Abstract Title:

Abstracts should be single spaced and typed on a separate sheet (150-200 words). Complete generic names as well the INCI nomenclature are requested for all ingredients. Abstracts should be informative, containing:

- 1. a sentence statement of the study's specific objective
- 2. brief statement of methods, if pertinent
- 3. summary of results obtained
- 4. statement of conclusions

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Questions? Contact TeamworksSymposium@MidwestSCC.org

Southwest Chapter

SCC MONOGRAPHS

Society of Cosmetic Chemists publish Monographs that include technical information relevant to their titles and can be ordered online or by contacting SCC headquarters.

SILICONES IN HAIR CARE

THE USE OF SILICONE MATERIALS IN HAIR CARE AND SKIN CARE HAS BEEN KNOWN IN THE ART FOR OVER FIFTY YEARS. SKIN CARE FORMULATIONS INCORPORATING DIMETHICONE POLYMERS PREMIERED IN THE MARKETPLACE SLIGHTLY EARLIER THAN DID HAIR CARE PRODUCTS.

SURFACTANTS

THIS MONOGRAPH IS INTENDED TO INTRODUCE PRACTICING COSMETIC CHEMISTS TO SOME OF THE PRINCIPLES OF SURFAC-TANT USE. FOR THIS REASON, ONLY THOSE THEORETICAL ASPECTS OF SURFACE CHEMISTRY ARE DISCUSSED WHICH ARE BELIEVED TO BE IMPORTANT TO COSMETIC FORMULATORS.

PERMANENT HAIR DYES

ALTHOUGH HAIR DYEING HAS BEEN USED AS A COSMETIC TREATMENT THROUGHOUT HISTORY, THE PROCESS AS WE KNOW IT TODAY STEMS FROM THE DISCOVERIES IN THE NINETEENTH CENTURY THAT HYDROGEN PEROXIDE BOTH BLEACHES THE NATURAL COLOR OF HAIR AND OXIDIZES CHEMICALS SUCH AS AROMATIC AMINES ON HAIR TO GIVE DARK COLORS.

ANTIPERSPIRANTS AND DEODORANTS

THE INTENT OF THIS MONOGRAPH IS TWO FOLD. FIRST TO PROVIDE THE READER NOT FAMILIAR WITH ANTIPERSPIRANTS AND DEODORANTS WITH BASIC INFORMATION AND SECONDLY TO PROVIDE READERS EXPERIENCED IN THE FIELD WITH SPECIFIC DETAILED INFORMATION RELEVANT TO MANY ASPECTS OF ANTIPERSPIRANT AND DEODORANT TECHNOLOGY.

NAIL LACQUER TECHNOLOGY

NAIL LACQUERS AND RELATE PRODUCTS REPRESENT A SIGNIFICANT DOLLAR VALUE TO THE COSMETICS INDUSTRY. IN SPITE OF THE RELATIVE UBIQUITY OF NAIL PRODUCTS, THE FORMULATION OF NAIL LACQUERS TRADITIONALLY HAS BEEN A HIGHLY SPE-CIALIZED DISCIPLINE WITHIN COSMETIC SCIENCE.

SKIN, HAIR AND NAIL STRUCTURE AND FUNCTION AND ASSOCIATED DISEASES

THE SKIN IS THE BODY'S LARGEST ORGAN COVERING ABOUT 2 SQUARE METERS IN THE AVERAGE ADULT YET IN MOST PLACES IT IS LESS THAN 2MM THICK (1). ALTHOUGH WE ARE ALL AWARE OF OUR SKIN AND ITS STATE OF HEALTH, FEW OF US APPRECIATE THE COMPLEXITY OF ITS STRUCTURE AND THE DIVERSITY OF ITS FUNCTIONS.

LIPSTICK TECHNOLOGY

THE USE OF COLORANTS TO ENHANCE THE APPEARANCE OF THE LIPS DATES BACK TO ANTIQUITY. PAINTINGS AND ARCHAEO-LOGICAL EXCAVATIONS FROM EARLY EGYPTIAN, BABYLONIAN AND SUMERIAN CIVILIZATIONS CONFIRM THAT WOMEN IN THESE EARLY SOCIETIES PAINTED THEIR LIPS WITH MIXTURES OF HEMATITE AND RED OCHRE IN VEGETABLE OIL OR ANIMAL FAT.

COLORANTS USED IN THE COSMETIC INDUSTRY

THE PURPOSE OF THIS WORK IS TO GIVE THE READER A GENERAL IDEA AND OVERVIEW OF THE BASIC CONCEPTS AND PRINCI-PLES OF COLOR USAGE IN THE COSMETICS INDUSTRY.

Southwest Chapter



SC

Chemist Humor

A small piece of ice which lived in a test tube fell in love with a Bunsen burner. "Bunsen! My flame! I melt whenever I see you" said the ice. The Bunsen burner replied:"It's just a phase you're going through".

Heisenberg is out for a drive when he's stopped by a traffic cop. The cop says: " Do you know how fast you were going? Heisenberg replies: "No, but I know where I am".

Why did the white bear dissolve in water? Because it was polar.

What do you call a tooth in a glass of water? A one molar solution.

What do dipoles say in passing? "Have you got a moment?"

Why does hamburger have lower energy than steak? Because it's in the ground state.

What do you do with a dead chemists? Barium

What weapon can you make from the elements potassium, nickel and iron? A KNiFe.

What did one titration tell the other? Let's meet at the endpoint.





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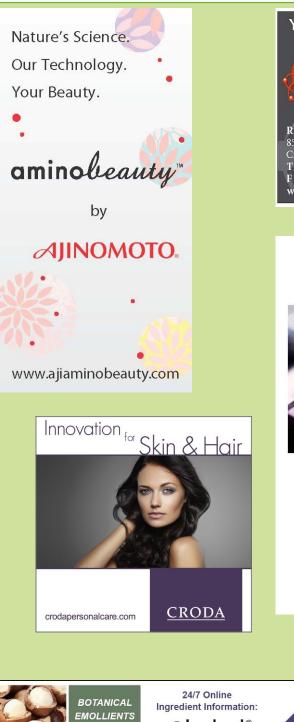




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Southwest Chapter



MEMBER NEWS

We currently have 274 members in the SWSCC, <u>largest number so far in our 30 year history</u>. Please everyone renew your membership and encourage others to join as we grow for our next 30 years!



2016 SWSCC Officers

Chair—Jacklin Hoffelt, Coast Southwest

Chair Elect-Rachelle Bowens, Lipscomb

Secretary– Alison Nally, Essential Ingredients

Treasurer—Mary Miller, Mary Kay Inc.

Treasurer Elect—Tamara Scalf, BeautiControl

Committees for 2016:

Awards Chair-Lisa Jones (Jacklin will rejoin in 2017) By Laws-Robert Vetkoetter Newsletter Editor-Alison Nally Newsletter Advertising-Melissa Mata Educational Chair-Michelle Hines Golf Outing-Jeff Barcafar and Alison Nally Dinner Dance 2016-Rachelle Bowens Elections 2016-Alison Nally Summer Event 2016-Barbara Durkee Suppliers Day 2016-Jacklin Hoffelt and Mauricio Castro Membership Chair-John Oliver SWSCC Media-Cody Ermis Historian-Michele Stovall

Southwest Chapter

SAVE THE DATES!!!!

2016 SWSCC Calendar

January 20	Night meeting
February 18	Day meeting
March 24	Night meeting - Meet and Greet
April 27	Day Meeting
April 28 th	Golf Outing
June	Summer Fun activity date is TBD
Aug 9	Day meeting (Suppliers Day/ Education Meeting)
September 8	Day meeting
October 4	Night meeting
November 17	Day meeting (SWSCC officer Installation)
December 9	Dinner Dance

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